

GLENTORAN F.C. ACADEMY Coach Charter



Golden Rules for Coaches

G - Glentoran - Uphold the image of our club

F – Fun and Functional sessions

C – Child welfare is paramount

Staff and volunteers have the right to:

- Access on-going training/information on all aspects of leading activities for youth
- Support in the reporting of suspected abuse or poor practice
- Access to professional support services
- Fair and equitable treatment by the governing body
- Be protected from abuse by children/ youths, other adult members and parents
- Not to be left vulnerable when working with children

Coaches Must Never:

- Allow any rough or dangerous play, bullying or use of bad language or inappropriate behaviour
- Let any allegations of abuse go unchallenged or unrecorded
- Use sanctions that humiliate or harm young people
- Engage in violent or threatening behaviour towards opponents
- Engage in sexual activity with any young person
- Never exert undue influence over players to obtain personal benefit or reward
- Add a young person as a friend on social media
- Form any group on social media with children without the knowledge or presence of their parents
- Conduct coaching sessions if only one coach is available
- Allow a player to play or train for three weeks after a head injury unless cleared by a Doctor

Coaches Must Always:

- Ensure the safety of all children by providing effective supervision and planned sessions
- Consider the wellbeing and safety of participants before the development of performance
- Encourage players to accept responsibility for their own performance and behaviour
- Appreciate the efforts of all young people
- Report accidents or incidents of alleged abuse or poor practice to the designated person
- Have access to a telephone and contact numbers in case of emergency
- Explain coaching techniques so they are understood and that they are age appropriate
- Respect and listen to the opinions of young people and parents
- Be a role model, displaying consistent high standards of behaviour and appearance
- Attend relevant training courses as put on by the Academy including child protection and obtain an Access NI enhanced disclosure check approved by Glentoran and the IFA
- Provide detailed regular feedback to the players and parents
- Wear official club training wear and ID pass at all times when on duty with Glentoran
- Keep attendance records and maintain detailed training records and match reports of all matches
- Arrange replacement staff if any staff members are unable to attend